

## Usage Guide:Walk Easy

**Walk Easy** provides rapid Pain relief relief for muscles and joints, and supports regeneration of muscles & joints.

Apply and gently massage for a few seconds in circular motion on **problematic areas such as knees, hips, back, fingers, muscles, etc.**

Best used after a bath and/or before sleeping. SOS application 2-3 times a the day is good too.

**For massage:** Order our Walk Easy in Moringa oil(100 ml massage version) from our website.[3000bctherapeutics.com](http://3000bctherapeutics.com)

*All natural essential oils in coconut oil.  
No chemical additives; fragrance or otherwise.*

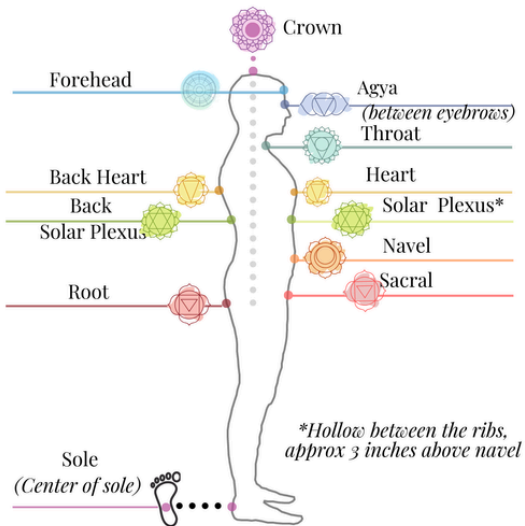
**For more details on usage and healing tips scan QR Code and click**



Usage Instructions

*These are complementary modalities, not meant to replace your Allopathic practice.  
Keep Essential oils away from children, pets, pregnant women. Do not heat these oils as essential oils are volatile.*

# Chakra Guide



Nature's Intelligence for  
Inner & Outer Wellness;  
designed by Healers



3000 BC™  
THERAPEUTICS

**Khush Raho!**



+91 81062 48800



/3000bctherapeutics



3000bctherapeutics.com



contact@3000bctherapeutics.com