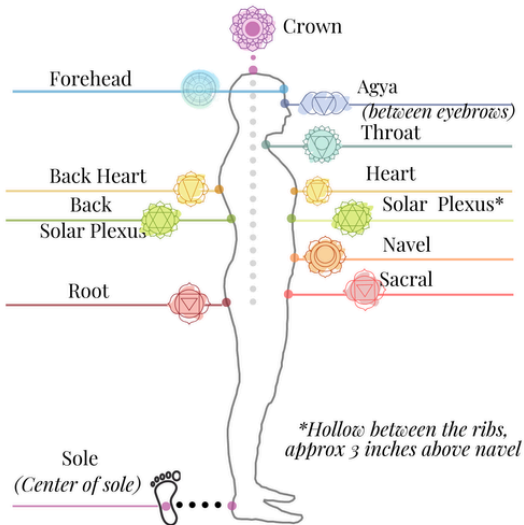


Chakra Guide



All purpose Batch no . 1002/BCT/APO
Mfg Date. Feb 2023
Exp. 24 months

Walk easy. Batch no . 1002/BCT/WEO
Mfg Date. Feb 2023
Exp. 24 months



+91 81062 48800



/3000bctherapeutics



3000bctherapeutics.com



contact@
3000bctherapeutics.com



3000 BC
THERAPEUTICS

ANCIENT WISDOM
OF CHAKRA HEALING

Usage Guide

Walk easy soothes and regenerate joints & Muscles

Apply 2-3 drops in circular motion (anti-clockwise then clockwise) on problematic joints such as knees, hips, back etc.

Best used after a bath and/or before sleeping. SOS application 2-3 times a the day is good too.

Dilute blend in coconut or Sesame oil in 1:3 proportion for massage on a larger area

For queries and more usage tips email us!

These are complementary modalities, not meant to replace your Allopathic practice. Keep Essential oils away from children, pets, pregnant women. Do not heat these oils as essential oils are volatile. Avoid ALL PURPOSE if you prone to fits of any kind.

All Purpose for Headaches, cold, cuts and burns,

Headaches: Apply 2-3 drops in circular motion (anti-clockwise and then clockwise) on Ajna, Ear Lobes, Throat, Solar Plexus (front and back), Navel, as soon as you feel the headache coming on.

Repeat application after 2-3 hours.

For overall well being and

reduction of fatigue: Apply 2-3 drops in circular motion on

Forehead, Ajna, Throat, Back heart, Solar Plexus front and back, Navel, Sacral, Basic Chakras twice daily.

After bath and before sleeping.

Burns & cuts : Immediately apply 1-2 drops.



3000 BC
THERAPEUTICS